



Directions for The Fifth Element Tarot Spread.

Once you have shuffled your cards, draw using the first card for the element that you come to and place it in the shape of the Pentacle as shown in the diagram. One card for each suit:

- **Cups = Water**
- **Pentacles = Earth**
- **Swords = Air**
- **Wands = Fire**
- **Spirit = Essence – Court Card**

As an option you can draw a Major Arcana card for an enhanced element to your reading.

Positions

1. Earth – Grounding. What will bring better focus to help with my grounding/centering at this time?
2. Water – Emotional. In what area does my emotional well being need work? (examples, love, creativity, imagination, joy and sense of peace)
3. Air – Intellectual / Challenge. What challenge do I need to face and overcome at this time?
4. Fire – Action. What action can I take to aid in overcoming the challenge of the Swords, to assist in grounding, and help with emotional healing?
5. Spirit –You at this time, your essence. Court Card. How do the aspects of this card affect your reading? Do you identify with the personality of your Spirit card?

Optional Major Arcana – Deeper Understanding. How does this card affect the reading spiritually? How does it help me better understand the 5th Element of Spirit...Myself?
 ~Koneta Bailey, 2019

An example with the optional Major Arcana:

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